

What Values Do You Bring to the Table?

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Kelli L. Nottingham

Nottingham Professional Development
Creative, Engaging Training

Meet Asha



- Supporter of environmental protection and nature
- Looking for a new job in finance
- Offered a job with a company known for a bad environmental record
- Should she accept, or shouldn't she?

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Meet Akiko

- Creative
- Collaborative
- Exploratory
- Problem Solver

But her current workplace is a competitive tug-of-war.

Should she stay or go?

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Meet Nasira



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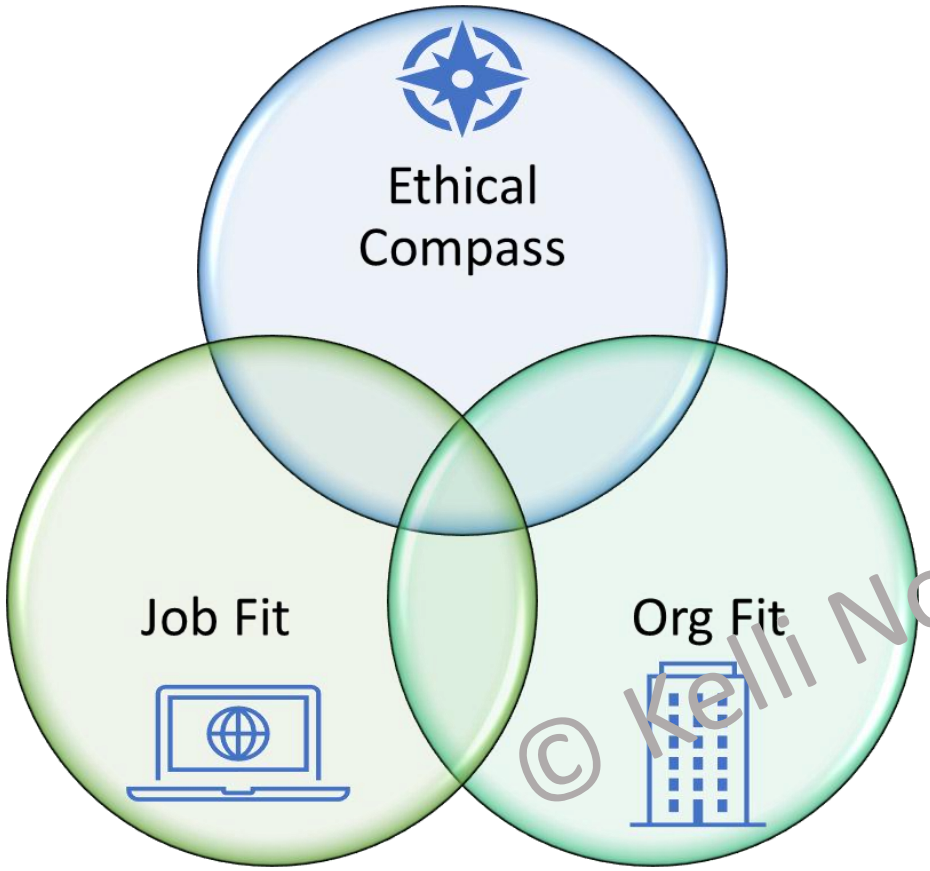
Her dream job has:

- Structure
- Routine
- Stability

But her current job is chaotic.

What can she do?

3 Value Areas



- More balance in work and life
- More job satisfaction
- More defined job search
- Stronger interviews
- Better professional branding
- Clearer direction on your career path

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The 3 Value Areas combine Head + Heart

It's thriving where you are,

knowing what nutrients you need,

and being in the right

environment to thrive.



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Our Ethical Compass Points The Way

- Everyone's compass is unique
- Cultural, spiritual, individual beliefs
- What is Right, what is Wrong
- Social issues
- Industry practices
- What work makes you proud?
- Which companies would you refuse to work for? Why?
- Where could you compromise?



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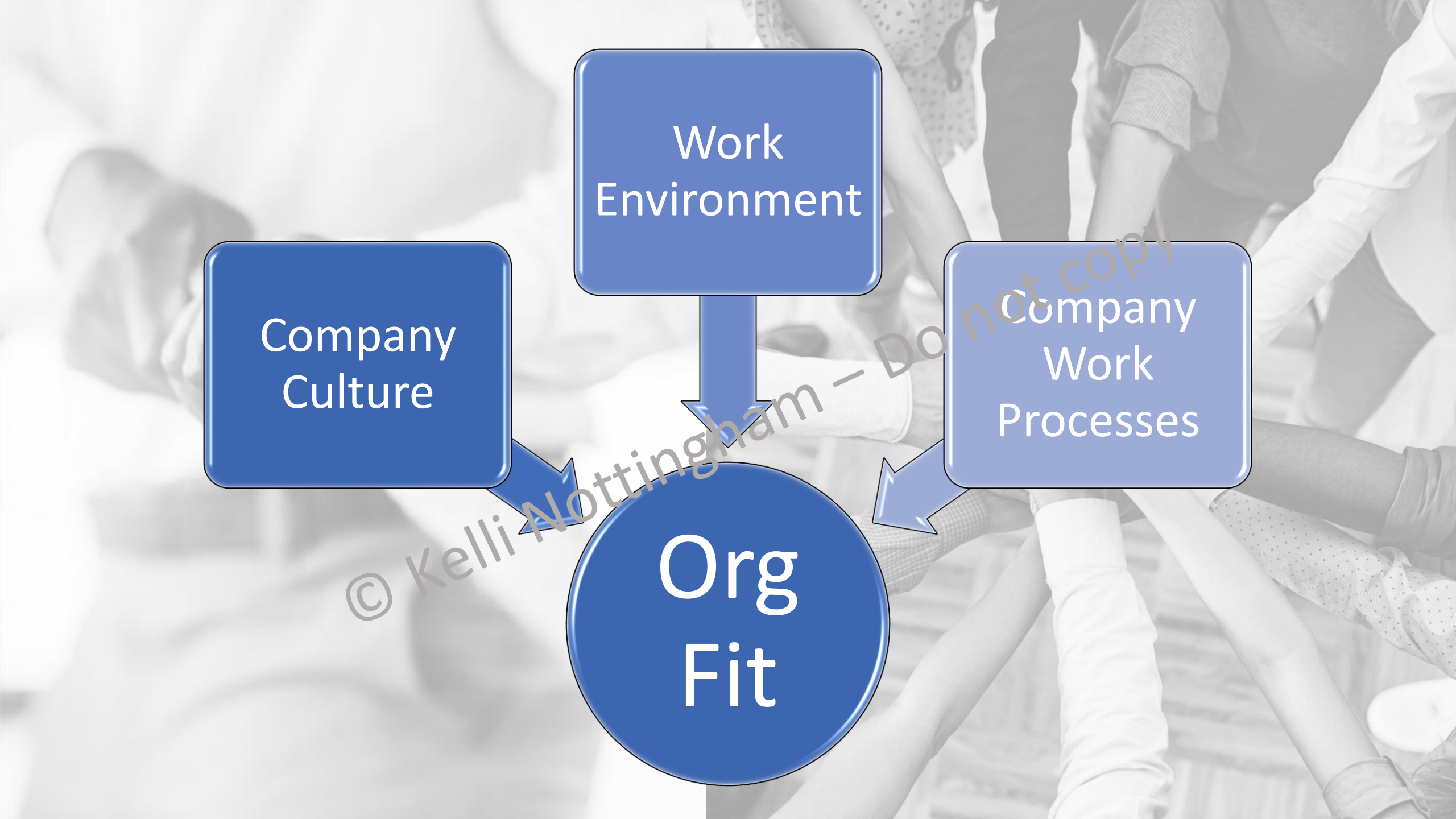

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Job Fit
Our High Skill + High Will Niche

Variety vs. Routine

Big Picture vs. Details

Individual vs. Teamwork

High Pressure vs. Low Pressure

Leader vs. Team Member

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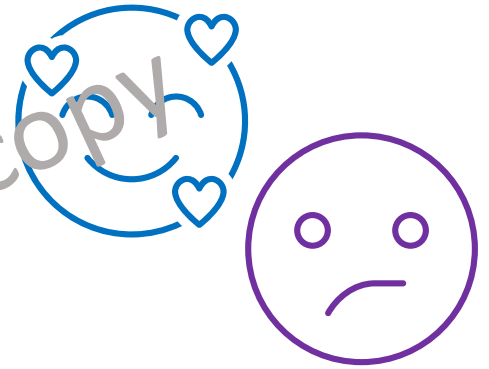
Ways to Apply Your Value Areas

- Describe your Dream Job
- Avoid your Nightmare Job
- Identify internal promotions or lateral moves
- Job search clarity
- Optimize your current job
- Set healthy boundaries for yourself



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Next Steps

- How can you match your professional branding (LinkedIn, Resume/CV) to your values?
- What achievements do you want to discuss in interviews or performance reviews?
- What new opportunities can you identify for yourself?
  - *New Industry? New Organization? New Type of Job?*

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Final Questions?

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